

Rotary Surat Riverside

RI District: 3060

Charter Date: 26-Jun-1996

Club No.: 31734



Shekhar Mehta
RI President

Santosh Pradhan
District Governor

Rajesh Mehta
President

PP Bankim Vashi
Hon. Secretary

PP Manoj Jain

Ritu Talwar

Purvi Dalal

Bulletin
Editorial Team

October : ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

Rotary Theme 2021-22



SERVE TO CHANGE LIVES

As Part of Humanity, each of us is called to develop
and share the unique gifts we are given.

- Mollie Marti

Celebrating **25** Years of
Service above Self

26
Riverside  Ripples



Projects Carried out in the month of September

4th September

Support to Construction Workers

Joined in with HGS IPL Employee Association to distribution Clothes and Biscuits to the poor workers at a construction site.



8th September

Free Foot Check up Camp at our Physiotherapy Centre.

On the occasion of World Physiotherapy Day, a Free Foot Check up Camp was organized. It was inaugurated by Honable Mayor of Surat, Smt. Hemaliben Boghawala. Banners were put up at 3 spots in the city promoting our Permanent Project and the Public Image of Rotary.



Projects Carried out in the month of September

12th September

Medical Checkups and Med. Distribution

Eye Checkup, dental checkup and a general paediatric checkup was done for the kids of Darapada village and Multi Vitamin, deworming, iron and calcium meds. were given.

HUMF3

Packets of Dates and Channa were distributed to 40 pregnant and lactating mothers of Darapada village. Moreover, nutritious snacks and a pair of chappals were given to 35 kids of the village Aanganwadi.

Wash in Schools

In compliance with Rotary's mission, a kit of 5 liter Handwash liquid, 5 liter Sanitiser, along with masks for 35 kids of primary school were donated.

Rotary India Literacy Mission

Under RILM, we distributed, Stationary kits, drawing material, notebooks and 120 library books along with sports equipments to primary school of Darapada village.

Joy in the Dang-Kit Distribution

Kits comprising of basic utilities like foodgrains, flour, oil set of utensils, set of (used clothes) for a family of 3 was distributed to 75 needy families in Darapada village of Dang.





23rd September
Nation Builder Awards

Under Rotary India Literacy Mission, 63 primary school teachers and 15 primary school Principals were given the Nation Builders Awards. District Literacy Chair Tushar Shah graced the event as Chief Guest.



रोटरी सूत्रत रिवरसाईड द्वारा 63 शिक्षकों व
नेशन बिल्डर एवार्ड से सम्मानित किया गया



लोकेशन संवाददत्ता
सूत्रत, रोटरी इंडिया लीटरसी
मिशन के अंतर्गत टीच प्रोग्राम में
शिक्षकों को सम्मानित किया गया।
प्रोग्राम में स्कूल के छात्रों द्वारा
उनके फेवरेट शिक्षकों पर प्रेम पत्र
लिखे गए।

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Activities planned
for the month of October

- 5th October Club Assembly Meet
- 12th October HUMF
- 16th October Navratri
- 30th October Diwali



Birthday & Anniversary
of October



- 4th Oct. Ann. Priti Pandya
- 5th Oct. Annet. Agastya Jindal
- 6th Oct. PP Rtn. Siddharth Shah
- 9th Oct. Annet. Aadi Lineswala
- 11th Oct. Ann. Kavi Thakkar
- 11th Oct. Ann. Kusum Mehta
- 11th Oct. PP Rtn. Raju Mehta

- 12th Oct. Rtn. Rajesh Mehta
- 14th Oct. Ann. Mita Mahadevwala
- 14th Oct. Rtn. Amita Desai
- 16th Oct. Rtn Nilisha Jariwala
- 17th Oct. PP Rtn. Manoj Jain
- 19th Oct. Annet. Sparsh Zanzarukia
- 27th Oct. Ann.Parul Viradiya



Proud Moments

- Our Rtn. Dr. Parul Vadgama was honoured with the “ National Young Academic Excellence Award” by IMA Delhi.
- 25 of our Interactors participated in RYLA organized by RC Surat Tapi.





Motivational Article

An undisciplined success can lead to a disciplined failure.

Many real-life examples have shown the poor handling of success by many people. We all aspire to be successful in our life. But handling success is one critical skill which many fail to learn on their journey of getting successful. Some people are bad at handling failure and some are bad at handling success. ***And it's said that handling success is more difficult than handling failure.***

With success comes more stress; in the form of more meetings, more e-mails, more work, more movement. Here, saying yes to everything leaves us with less time in which we need to do more. This also leaves us fatigued and drained out. We find our diary full of appointments, our to-do list increases, we become too busy and this has, many times, a counterproductive result. We may find ourselves multitasking which in turn leaves us with uncompleted tasks resulting in increased stress and anxiety. Success brings more money also. And many people fail at managing the money when they are flushed with it. They start indulging in careless extravagant expenses and we have seen many examples of riches to rags in our life. Rags to riches is what everyone enjoys but the reverse of it is quite painful.

There fore learning to be successful at handling success is of paramount importance. When we spread ourselves too thin, success may become a catalyst for failure. Spreading too thin will lead to a millimetre progress in a million direction. Our creativity may go down, stress may go up and work life balance may go hay wire, affecting our personal and financial and social life. we may plan to meet a friend for lunch and then say yes to a business client to meet after lunch. This leaves us with worrying about finishing the lunch fast, looking at our watch, not enjoying the moment with friend and worrying about the upcoming meet.

When indiscipline creeps in, when our focus gets diverted, when we have too many priorities, things start taking a reverse gear. Because either we can do many things averagely well or a few selective things superbly well. We need to learn to say no to many things so that we can create time for few things which truly matters for us. ***The main thing to learn is to set our priority right otherwise someone else will set it for us.*** Successful people have their priority set, do the fewer things but the most important thing.

It's interesting to know that Priority word came into existence in English literature in 1400 and till 1900 it was singular only. It meant the very first or prior thing. It was only in mid-1900 during industrial revolution, that this word got pluralised and priorities came into existence. And having too many priorities leads to increase in stress, lowering the creativity and bringing down the productivity.



Motivational Article

So here comes the concept of **ESSENTIALISM – the disciplined pursuit of less** popularised by Greg Mckewn, an author, speaker and business strategist. **The concept involves doing less but better**, focuses on quality and not quantity, so that we can make the highest possible contribution. Less is more, is the mantra we need to remember. We have all been blessed with the power to make a choice and this concept of Essentialism talks about regaining that power to choose by applying it in deciding on our top priority and where to spend our time and energy to get the best results towards the goals and activities that matter. We can't do all the work at all the time. This has to be understood deeply. **Learning to say no when we don't want to say yes is at the heart of this concept. Peter Drucker says- effective people are effective people because they know how to say NO.** In our society, saying no is treated as offensive. Whereas No is not a dirty word. When we know our priority, and the other person understands our reason for saying no, things become easy. Give it a try and you will be so happy to take back the control over your time. Mostly we are so busy being busy, that we don't realise what is essential for us, we are so concerned about pleasing everyone that finally we displease our own self with stress and anxiety. We need to give time to ourselves to ponder because **a man who never ponders always wanders.** Essentialism is a different way of looking at things. It's a mind set which enables us to be more focussed and disciplined. In today's world where there is abundance of everything, applying this concept is so critical to avoid falling in trap of distraction and distinguishing the vital few from the trivial many It helps in eliminating the non-essentials from our life. It requires us to grapple with real trade offs and make tough decisions. Thus, by applying this concept, we are living by design, not by default. Our highest priority should be to protect our ability to prioritise. Enjoy your success and rise further by doing less but doing more important things, become an Essentialist. Make non essentials negotiable and essentials non-negotiable. This will help in focusing our time and energy on things and relationships which are truly important for us.

- PP Manoj Jain



Gyan Section

Understanding "RMB: ROTARY MEANS BUSINESS"

With the motto 'Service Above Self', Rotary has evolved into one of the largest service organisations in the world with over 1.2 Million Members across the world. Providing service programs at both community and international levels such as health care needs, hunger and poverty, illiteracy, disaster relief, and environmental clean ups, members experience the fulfilment that comes from giving back to the community.

This social group has been transforming lives over the years, going that extra mile to innovate, inspire and enrich people around. Rotary Means Business (RMB), a fellowship wing of Rotary International, inspires Rotarians to support the success of fellow members by engaging in business with each other, and by referring suitable people to them. RMB meetings come with an array of opportunities that yield benefits beyond socialisation. The goal is to facilitate networking through the right connections, enhance fellow-feeling and inspire dialogues-all essential for sustainable, trusted business bonds. To highlight the success of the club and to attract young new members, the Economic Times in collaboration with the Rotary Means Business organised a digital conference on September 20, 2020. Moderated by Kanak Jain, RMB Fellowship International director. the conference started with the launching of the Rotarians in Business magazine where detailed portfolio and achievements of the members were scripted. The webinar was graced by Shekhar Mehta, Rotary International President 2021-22 as a chiefguest, Karen Jacobsen, the GPS Girl as key note speaker, Mark Burchill, International chair, RMB and Sudip Mukherjee, district governor, RID 3291 as a guest of honour. RMB Kolkata President Manoj Jain welcomed the members along with Sunny Kollannur, Secretary and Rakesh Ghosh Treasurer and Sourabh Khemani VP RMB Kolkata Chapter.

Business Platform

Speaking on RMB as the biggest opportunity in Rotary now and in the coming years, Kanak Jain confirmed that doing business with fellow Rotarians will ensure hundred years of trust. "In this competitive world we have two ways to do business -- either you become very big or you get merged with the big. If there is a possibility of a third way, it is through business networking. Rotary means business networking is one of the best platform to do business networking all across the world" he added.

Navigating Change

For getting more of what you want in business and life, Karen Jacobson shared five directions for recalculating process -- notice if you are off route, be willing to change direction, clarify your destination, embrace the steering wheel and accelerate." She also shared how to effectively navigate change, drive results and to recalibrate when things do not go as planned.

Moving Ahead

Congratulating the dedicated group of rotarians who worked so hard to make this event, Mark Burchill stated that as of today RMB has 104 chapters. "We began in USA, spread to Australia, then America and Europe and finally to Asia. Kolkata was the second Indian chapter to join 8 months after Coimbatore chapter, and currently the growth of RMB here in India is astounding," he added.

Relentless Service

"Rotary in India has completed 100 years this year with a membership of 1,60,000. In membership growth, donations and community service projects, Rotary has always taken pride in its core values -- the central one being integrity -- which has become the cornerstone of business practices for Rotarians when dealing with each other and non-Rotarians," shared Shekhar Mehta. Rotarians run more than 100 schools and an equal number of hospitals and clinics. "Tens of thousands of rural toilets have been built by Rotary, contributing to Swachh Bharat. Each year, Rotary clubs across India do heart surgeries for thousands of little children. Their education program covers the length and breadth of the country. During the corona pandemic, Rotary contributed Rs 105 crore to the PM Care Fund and undertook welfare projects worth over Rs 90 crore, making it a total of Rs 200 crore. Mankind is their business and their product is service," stated Mehta.



Team RSR !!!